

Emergency Mental Health Crisis Services

Service	Name	Contact/Hours	Details
Crisis Phone Line	National Suicide Prevention Hotline	(800)273-8255	Speak with a live person any time, day or night, during a crisis.
Crisis Text Service	National Crisis Text Line	Text "home" to 741-741	Text confidentially with a live person any time, day or night, during a crisis.
Crisis Phone Line	Northwestern Community Services Crisis Line	(540)635-4804	Local crisis line available day or night to talk to a live person.

Non-Emergency Mental Health Services

Service	Name	Contact/Hours	Details
Community Services Board *Same Day intakes for Mental Health and Substance Use *By Appointment Mental Health and Substance Use services	Northwestern Community Services	158 Front Royal Pike Winchester, VA 22602 (540)667-8888 Appointments Mon-Fri 9am-5pm Same Day Access: Walk-in hours for mental health or substance use services <i>Adults-</i> Tuesdays and Wednesdays 8:30am- 11:30am at the Winchester Clinic (158 Front Royal Pike, Suite 200) <i>Children-</i> Mondays 9am-12pm at the Braddock St. Clinic (214 S. Braddock St.)	Northwestern Community Services offers: <ul style="list-style-type: none"> • Outpatient Services • Case Management • Day support • Residential Programs • Emergency Programs • 24-hour Emergency Evaluation • Short-term Treatment • Hospital Referrals For people experiencing mental health or substance use difficulties. For Same Day Access, Bring These With You: <ul style="list-style-type: none"> • Virginia Picture ID • Social Security Card • Insurance Card or Proof of Income • Current List of Medications • Current Provider information • Legal Guardian Documentation
Mental Health Medications	Pharmacy at Sinclair Health Clinic	301 N. Cameron St. Winchester, VA 22601 540-536-1680 Mon, Wed, Thu 9:00 am – 4:00 pm Tue: 9 am – 7 pm Fri: 9 am – 1 pm	Medications on their Community Formulary list are available at a low cost (\$4-\$24) to the entire community. Includes medications for mental health. You do NOT need to be a clinic patient to use the pharmacy. Staff can check your eligibility for special medication assistance programs and medication discount cards.

Service	Name	Contact/Hours	Details
Mental Health Counseling & Medication Management	Sinclair Health Clinic	301 N. Cameron St. Winchester, VA 22601 540-536-1680 <u>Patient Enrollment:</u> Monday – Thursday 9:00 am – 4:00 pm (walk-in) <u>Medical Hours:</u> Mon, Wed, Thu, Fri 9:00 am – 5:00 pm Tue: 9 am – 7:30 pm	Provides mental health counseling and medication management to people who are uninsured or have Medicaid and meet income requirements. Must provide proof of income (paystub, award letter for unemployment or other benefits, etc.). Fee is \$5 per visit for uninsured.
Mental Health Counseling	Sanctuary Wellness Center Therapy with Terri George, M.Ed. LPC	208 N Buckmarsh St. Berryville, VA 22611 (540) 277-3393 email	Accepts private insurance or self-pay. Call or email to make an appointment.
Mental Health Counseling	Virginia Oak Counseling with Patricia Lynn Gray, LCSW	101 E. Main St. Berryville, VA 22611 (571) 200-7763 email	Accepts Medicare, self-pay, and private insurance. Call or email to make an appointment.
To Look up specific counselors in your area by criteria, visit: Psychology Today- Find A Therapist			