

## *Associate of Arts and Sciences Degree in General Studies Recreation and Outdoor Leadership Specialization*

**AREA:** General Studies  
Recreation and Outdoor Leadership Specialization

**DEGREE:** Associate of Arts and Sciences Degree

**LENGTH:** Four semesters (two-year) program

**PURPOSE:** A significant number of college undergraduate students desire a more comprehensive two-year general degree program than the conventional curriculum. The Recreation and Outdoor Leadership specialization allows students the flexibility of moving into transfer programs in parks and outdoor recreation, sports management, tourism and events management, therapeutic recreation and similar fields of study. Some graduates satisfy their goals by completing the two-year program of general academic studies. Most general studies students plan to transfer to a four-year college or university as more specialized academic interests and aptitudes develop during the program of studies. The framework of academic standards for the associate of arts and sciences degree makes this possible.

**TRANSFER GUIDELINES:** The associate of arts and sciences degrees (AA&S) and associate of science (AS) offered by LFCC are designed to provide freshman and sophomore level course work toward the completion of a bachelor's degree. The AA&S and AS degree programs require students to take essentially the same courses as required by their university/four-year college counterparts.

To help facilitate the transfer process, LFCC has created an online 'Transfer Guide' that provides detailed information such as tuition, GPA, application requirements, course equivalents, and other information that may be useful in the transfer process. The transfer guide can be found at [www.lfcc.edu/transfer](http://www.lfcc.edu/transfer). The Virginia Community College System also offers a Transfer Planning Tool on the Virginia Educational Wizard, which can be found at [www.vawizard.org](http://www.vawizard.org).

Students should begin preparing for transfer as early as possible. Steps in this process include: making a career decision, identifying colleges which offer the intended program of study, examining available transfer information and college catalogs, exploring Guaranteed Admissions and Transfer agreements, talking with transfer representatives, identifying program prerequisites, researching the academic competitiveness of the institutions and program under consideration, attending open house events offered by the colleges and exploring financial aid and housing opportunities.

LFCC offers many services and programs to assist the transfer student. Students are encouraged to seek the assistance of an advisor or counselor to gain additional information to plan a successful transfer experience.

**NOTE:** Recreation and Outdoor Leadership courses may require additional fees.

Course#	Title	Credits
<b>First Semester</b>		
ENG 111	College Composition I	3
HIS	History Elective <sup>1,2</sup>	3
MTH	Mathematics Elective <sup>1,3</sup>	3
SDV 100	College Success Skills	1
ITE	Information Literacy Elective <sup>1</sup>	3
RPK 100	Intro to Recreation, Parks, and Leisure Studies	3
<b>Total</b>		<b>16</b>
<b>Second Semester</b>		
ENG 112	College Composition II	3
	Social Science Elective <sup>1</sup>	3
MTH	Mathematics Elective <sup>1,3</sup>	3
RPK 120	<b>Outdoor Recreation</b>	3
	Approved Transfer Elective <sup>1,5</sup>	3
<b>Total</b>		<b>15</b>
<b>Third Semester</b>		
RPK 135	Program Planning	3
	Social Science Elective <sup>1</sup>	3
RPK 160	Wilderness First Aid	2
RPK 170	Recreational Backpacking	1
	Science with Laboratory Elective <sup>1,4</sup>	4
<b>Total</b>		<b>13</b>
<b>Fourth Semester</b>		
CST	Communication Elective <sup>1</sup>	3
	Science with Laboratory Elective <sup>1,4</sup>	4
	Humanities Elective <sup>1</sup>	3
ENG	Literature Elective <sup>1</sup>	3
RPK 141	Leadership and Supervision	3
<b>Total</b>		<b>16</b>
<b>Program Total</b>		<b>60</b>

<sup>1</sup>Lists of approved electives can be found on page 41.

<sup>2</sup>Students should check with the institution to which they are transferring in order to determine the most appropriate history course(s) to take at LFCC. For students intending to take more than one history course, a sequence beginning by taking HIS 101, 111, or 121 is preferred prior to 102, 112, or 122.

<sup>3</sup>Students should check with the institution to which they are transferring in order to determine the most appropriate math courses to take at LFCC.

<sup>4</sup>A one-year sequence of biology, chemistry, geology, or physics is recommended. However, depending on the requirements of four-year institutions, two one-semester courses in different sciences may be substituted with advisor approval.

<sup>5</sup> Students may elect to take an addition PED or RPK courses to fulfill the transfer elective.