

Associate of Arts and Sciences Degree in General Studies

Human Services Specialization

AREA: General Studies
Human Services Specialization

DEGREE: Associate of Arts and Sciences Degree

LENGTH: Four semesters (two-year) program

PURPOSE: A significant number of college undergraduate students desire a more comprehensive two-year general degree program than the conventional curriculum. The Human Services Specialization allows students the flexibility of moving into transfer programs in psychology, social work, human services, sociology and other fields. Occupational titles, depending on educational achievement, of human service workers may include Case Worker, Case Management Aide, Eligibility Counselor, Social Service Aide, Probation Officer, Mental Health Counselor, or Crisis Intervention Manager. Human Service professionals and paraprofessionals work to provide people the assistance needed to stabilize their lives and find self-sufficiency and independence through assessment, guidance, counseling, and/or treatment options. Some graduates satisfy their goals by completing the two-year program of general academic studies. Most general studies students plan to transfer to a four-year college or university as more specialized academic interests and aptitudes develop during the program of studies. The framework of academic standards for the associate of arts and sciences degree makes this possible.

TRANSFER GUIDELINES: The associate of arts and sciences degrees (AA&S) and associate of science (AS) offered by LFCC are designed to provide freshman and sophomore level course work toward the completion of a bachelor's degree. The AA&S and AS degree programs require students to take essentially the same courses as required by their university/four-year college counterparts.

To help facilitate the transfer process, LFCC has created an online 'Transfer Guide' that provides detailed information such as tuition, GPA, application requirements, course equivalents, and other information that may be useful in the transfer process. The transfer guide can be found at www.lfcc.edu/transfer. The Virginia Community College System also offers a Transfer Planning Tool on the Virginia Educational Wizard, which can be found at www.vawizard.org.

Students should begin preparing for transfer as early as possible. Steps in this process include: making a career decision, identifying colleges which offer the intended program of study, examining available transfer information and college catalogs, exploring Guaranteed Admissions and Transfer agreements, talking with transfer representatives, identifying program prerequisites, researching the academic competitiveness of the institutions and program under

consideration, attending open house events offered by the colleges and exploring financial aid and housing opportunities.

LFCC offers many services and programs to assist the transfer student. Students are encouraged to seek the assistance of an advisor or counselor to gain additional information to plan a successful transfer experience.

Course#	Title	Credits
First Semester		
ENG 111	College Composition I	3
HIS	History Elective ^{1,2}	3
MTH	Mathematics Elective ^{1,3}	3
SDV 100	College Success Skills	1
ITE	Information Literacy Elective ¹	3
HMS 100	Introduction to Human Services	3
Total		16
Second Semester		
ENG 112	College Composition II	3
	Social Science Elective ^{1,5}	3
MTH	Mathematics Elective ^{1,3}	3
HMS 121	Basic Counseling Skills I	3
	Approved Transfer Elective ^{1,5}	3
Total		15
Third Semester		
ENG	Literature Elective ¹	3
	Social Science Elective ^{1,5}	3
HMS	HMS Elective ⁶	3
PED/HLT	Physical Education or Health ¹	1
	Science with Laboratory Elective ^{1,4}	4
Total		14
Fourth Semester		
CST	Communication Elective ¹	3
	Science with Laboratory Elective ^{1,4}	4
	Humanities Elective ¹	3
HMS	HMS Elective ⁶	3
HMS 290	Coordinated Internship ⁷	3
Total		16
Program Total		61

¹List of approved electives can be found on page 41.

²Students should check with the institution to which they are transferring in order to determine the most appropriate history course(s) to take at LFCC. For students intending to take more than one history course, a sequence beginning by taking HIS 101, 111, or 121 is preferred prior to 102, 112, or 122.

³Students should check with the institution to which they are transferring in order to determine the most appropriate math courses to take at LFCC. Students interested in pursuing a Bachelor of Science degree in human service areas like

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psychology, social work, and counseling may need a statistics course (MTH 240) for transfer.

⁴A one-year sequence of biology, chemistry, geology, or physics is recommended. However, depending on the requirements of four-year institutions, two one-semester courses in different sciences may be substituted with advisor approval. For Social Work transfer students, BIO 101 is recommended as one of the required lab courses.

⁵ Recommended that students take SOC 200 and PSY 200.

⁶ Recommended that students choose from the following electives: HMS 141, ADJ 100, 105, 107, 140, SOC 211, 215, 225, 266, 268, PSY 215, 230. Students are advised to meet with an academic or faculty advisor for optimum course selection for desired major and transfer institution. For Social Work recommendations include PSY 215, PSY 230, SOC 266 or 211. For Psychology, PSY 215 and PSY 230 recommended.

⁷Admission to this coordinated internship requires completion of a minimum of 24 college credits that must include the following courses with a grade of C or better: ENG 111, HMS 100, HMS 121, and 2 SOC and/or PSY electives. Additionally, students must interview with the HMS program lead and complete the procedures outlined in the HMS Internship Handbook prior to enrollment in this course.